

PE Provision

Gymnastics

In Gymnastics we are following the British Gymnastics Key Step gymnastics programme. This was developed under the Gymnastics England banner designed to support the Government's vision to ensure high quality competition in schools within the National Schools competition Framework. Key Steps provides a progressive and standardised structure in basic movement and agility suitable for children from Key Stage 1 upwards.

The pathway of Key Steps is as follows;

1st Step = Key Stage 1 (Years 1 and 2)

2nd Step = Lower Key Stage 2 (Years 3 and 4)

3rd Step = Upper Key Stage 2 (Years 5 and 6)

There are three core disciplines to be carried out at each Key Step.

These are Floor, Vault and Body Management.

See the attached documents [here](#) for more details.

See our videos and photographs [here](#) to see the progression in Gymnastics using this programme.

Dance

We currently use the Val Sabin scheme of work to teach dance throughout the school. This is a comprehensive scheme that explores the movement and language of dance. The children will progress to compose, perform and appreciate, and describe how dances are made. Dance activities appropriate for each age group are linked to National Curriculum requirements.

Games

Our staff are in the process of being coached by professionals in order to be able to deliver high quality PE sessions in a particular sport. This starts with Speed, Agility and Quickness training and an introduction to a sport in KS1 and is continued with introductions to further sports in KS2. Current sports delivered in PE lessons include football, basketball, tennis, handball, rugby and cricket.

Athletics (KS2)

Our staff are in the process of being coached by professionals in order to be able to deliver high quality Athletics sessions. This will introduce and develop the children's ability in a range of throwing, jumping and running activities.

Swimming

At our school it has traditionally been the Year 5 children that swim. This is an important part of the PE Curriculum and these pupils go to South Harringay Primary pool at Mattison Road where they are taught by qualified swimming instructors. In addition to this, starting this year, our Year 2 children will also be introduced to and learning to swim in the summer term. These sessions will take place at Chestnuts Primary School with a qualified swimming instructor.

PE Curriculum Map

	Autumn Term	Spring Term	Summer Term
Reception	SAQ Gymnastics	Gymnastics Dance	Dance SAQ
Year 1	SAQ Gymnastics Key Step One	Gymnastics Key Step One Dance	SAQ Football
Year 2	SAQ Gymnastics Key Step One	Gymnastics Key Step One Dance	SAQ Basketball
Year 2 also swim in the summer term			
Year 3	Games (TBA) Gymnastics Key Step Two	Gymnastics Key Step Two Dance	Tennis Athletics
Year 4	Games (TBA) Gymnastics Key Step Two	Gymnastics Key Step Two Dance	Handball Athletics
Year 5	Swimming	Swimming	Swimming Rugby Athletics
Year 6	Games (TBA) Gymnastics Key Step Three	Gymnastics Key Step Three Dance	Athletics Cricket