

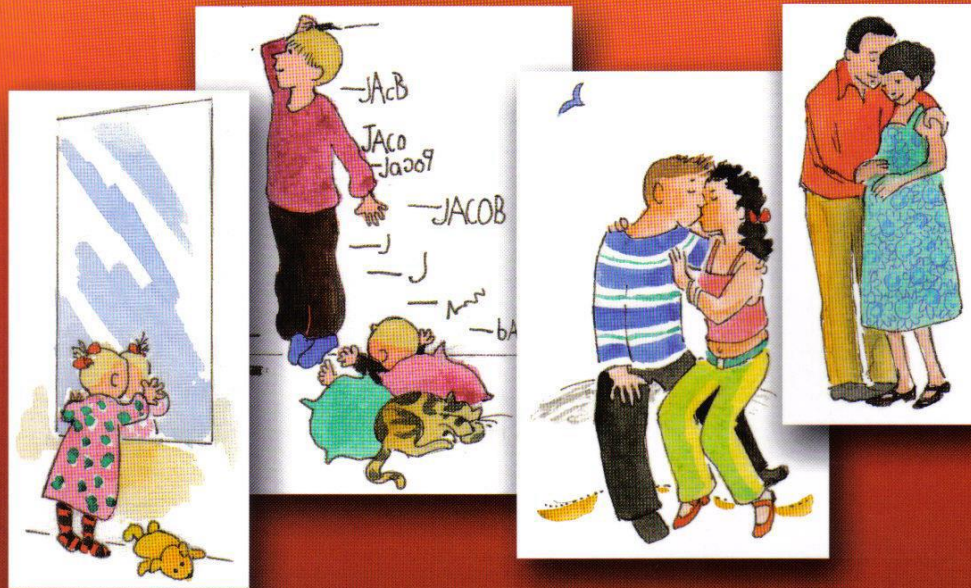
# A Journey in Love



Relationship & Sex Education (RSE)  
at  
St Mary's Priory RC Schools

# A Journey in LOVE

*A developmental programme  
for children in the primary years*



“The whole purpose of education at home and in the primary school is to connect every aspect of growth, physical, emotional, intellectual and social, with love.

The ultimate goal is to enable adults to fully love themselves, i.e. accept themselves positively, and in turn to love their neighbour i.e. make themselves fully available to others.”

Dr. Jack Dominian - Foreword, *A Journey in Love*

“To be made in the image of God means to be a person in a relationship. It is in this context that our sexuality grows and develops from the moment of our conception.

From early childhood we are on a journey of exploration of the richness various patterns of relationship offer and the appropriate tokens of exchange that they demand or admit.”

*Mgr. George Stokes - Vision Statement, A Journey in Love*

“An aspect of the mystery of love is treated in each year group...through a series of suggested, progressive and developmental tasks, activities and reflections which focus on physical, social, emotional, intellectual and spiritual development. ”

Sr Jude Groden RSM - Introduction, *A Journey in Love*

# Reception

God loves each of us in our uniqueness

Children know and understand that God has made them unique and that although we are all different we are all special to Him.

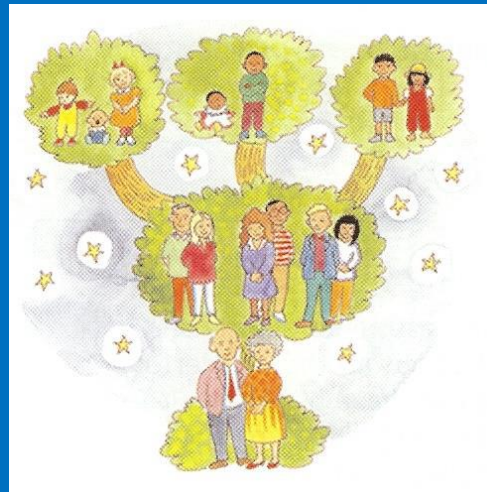




# Year One

We meet God's love in our family

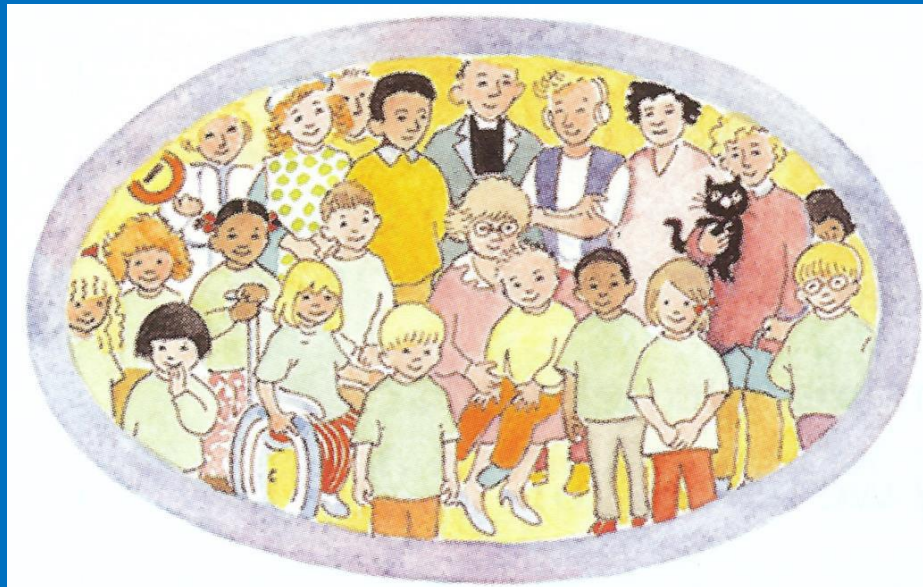
Children know and understand that they are growing and developing as members of their own family and God's family.



# Year Two

We meet God's love in the community

Children know and understand that they are growing and developing in a God-given community.



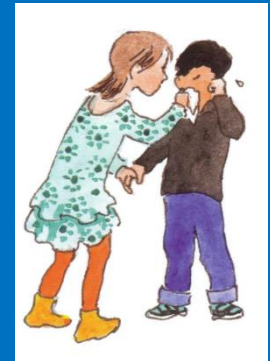


# Year Three

How we live in love

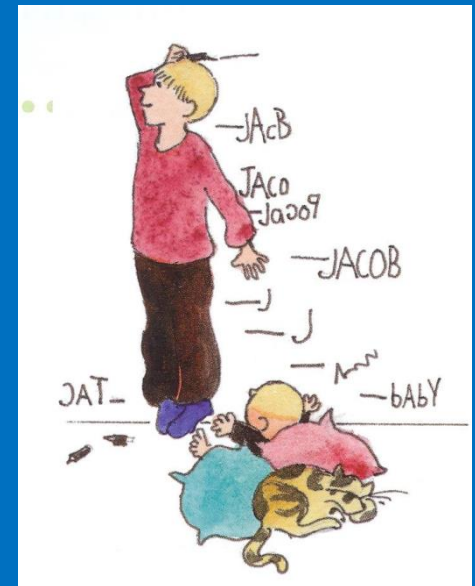
Children know and understand the virtues essential to friendship, e.g. loyalty, responsibility.

They experience the importance both of forgiving and being forgiven and of celebrating God's forgiveness.



# Year Four

God loves us in our differences  
Children know and understand that  
they are all different and celebrate  
these differences as they appreciate  
that God's love accepts us as we are  
and as we change.



# Year Five

God loves me in my  
changing and development

Children know and become aware of  
the physical and emotional changes  
that accompany puberty

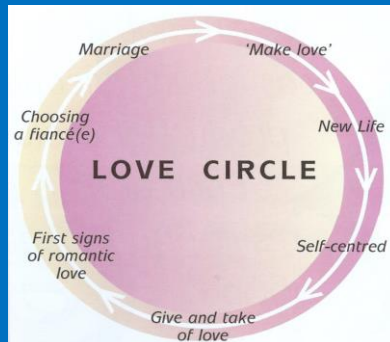
- sensitivity, mood swings, anger,  
boredom etc.

They grow further in their  
understanding of God's presence in  
their daily lives.

# Year Six

The wonder of God's love in creating  
new life

Children develop, in an appropriate way  
for their age, an understanding of  
sexuality and grow further in their  
appreciation of their dignity and worth  
as children of God.



# Development:

Physical

Social

Emotional

Intellectual

Spiritual

“Marriage based on exclusive and definitive love becomes an icon of the relationship between God and his people and vice versa. God's way of loving becomes the measure of human love.”

*Deus Carita Est 11- Pope Benedict XVI*